

## Come Explore Swami Vivekananda's Message of Sustainable Living!!

Dear Youth Participant,

Namaskar. You are cordially invited to attend the conference along with your family.

Sustainable living in the West is understood as responsible living and decelerated use of natural resources to avoid depleting them further. The Hindu tradition asks *more* of Man; there is a view known as Dharmic living, in fact. Sri Krishna speaks of the *Universal Wheel of Action* operating in the universe that governs all actions. Sustainable living is then living in accordance with the *Universal Wheel* so the balance is undisturbed. Swami Vivekananda had gone all around the world carrying this message. He provided fifteen laws of sustainable living for a man to change internally. Moreover, if just one law is followed thoroughly, the other fourteen laws' benefits are experienced.

The planning committee has worked hard to come up with an enjoyable program. Please register early to save money and to help in planning the sessions. We look forward to see you at MassBay Community College on March 31, 2012.

Sincerely,

### Youth Organizing Committee

Astha Agarwal, Aneesh Bairavsundaram, Jyoti Jain, Karan Kaul, Krinal Patel, Krishna Rajgopalan, Naina Jain, Neha Jain, Preethan Ravi, Srinidhi Rajgopalan, Raashika Goyal, Vani Manchanda.

Jaya Asthana  
7 Gannon Terrace  
Framingham, MA 01702



# Youth Conference 2012

*For youth from grade K to College & Families*

**Saturday, March 31, 2012**

**9:00 AM – 5:30 PM**

## SWAMI VIVEKANANDA'S MESSAGE OF SUSTAINABLE LIVING



**MassBay Community College**  
50 Oakland St. Wellesley Hills, MA. 02481

### Participating Organizations

VHPA, MMNA, Massachusetts Bay  
Community College, HSC, HSS, IAGB, Sri  
Lakshmi Temple and others



## Youth Conference Schedule Saturday: March 31, 2012

**9:00 – 9:30 am:** *Registration*

*Main Lobby MBCC*

*Breakfast and Tea, Cafeteria*

**9:30 – 11:00 am:** *Auditorium, Opening Session*

Welcome Address by Dr. Mona Khaitan

Guest Speakers, Youth Speakers

Blessings and Instructions

**11:00 – 11:45 am:** *Break-out Session I*

Story of Vivekananda (Gr. 3-5)

His Life & Character (Gr. 6-7)

The Life of a Warrior (Gr. 8-9)

Essential Teachings (Gr. 10-12)

Importance of His Vision (Over 18)

**12:00 – 1:00 pm** – *Lunch for sale, Cafeteria*

**1:00 – 1:45 pm:** *Break-out Session II*

Essential Teachings (Gr. 3-5)

Teachings & Practices (Gr. 6-7)

Advaita Teaching (Gr. 8-9)

His Mission of Vedanta (Gr. 10-12)

Relevance of Teachings in 21<sup>st</sup> Cent (>18)

**2:00--2:45 pm:** *Break-out Session III*

Thoughts on the Gita (Gr. 3-5)

Call to the Youth: Character Dev (Gr. 6-7)

The Success of His Mission (Gr. 8-9)

Tolerance & Equality (Gr. 10-12)

Education is the Manifestation of Perfection

Developed Already in Man (Over 18)

**2:45-3:15m:** *Cafeteria, Light Snack*

**3:15 – 5:30 pm:** *Auditorium, Cultural Program*

Slide Shows of Individual Sessions

Guest Speakers, Youth Speakers

Acharya Poojan (Teachers Honored)

Dances, Songs, and Skit

**Adjournment**

### Directions from the East and West:

Take the Massachusetts Turnpike to Exit 14 (Weston). Go south on Interstate 95 (Route 128) for ½ mile to Route 16, Exit 21B. Follow Route 16 West for approximately .75 miles (3 stoplights), take left on Oakland, proceed across Route 9. College is on your left.

### Directions from the North and South:

Take Interstate 95 (Route 128) South to Exit 21B (Route 16 West). Follow Route 16 West for .75 miles, using directions above.

### For more information please contact:

Email: [yhpa.yconf@gmail.com](mailto:yhpa.yconf@gmail.com)

Jaya Asthana 508-875-0432

Mona Khaitan 781-239-2279

Ruma Mishra- 508-925-4752

Kaushik Patel 508-977-9347

Naina Jain 339-234-1177

Jyoti Jain 339-234-1168

Raj Raghvan 508-864-0227

Ravi Sreedhar 508-647-4856

Bala Garg 603-898-1312

**Traditional Bhartiya (Indian) dress  
encouraged for all!**



### Registration Form

**Sat., March 31<sup>st</sup>, 2012; 9 AM- 5:30 PM**

**FEES:** Under 5 free

\$5 per person for pre-registration

\$8 per person walk-in registration

### Youth Participants

Name \_\_\_\_\_

Grade \_\_\_\_\_

Email \_\_\_\_\_

Name \_\_\_\_\_

Grade \_\_\_\_\_

Email \_\_\_\_\_

Would you like us to contact you for participating  
in the cultural program? Yes  No

### Adult Participants

Name \_\_\_\_\_

Email \_\_\_\_\_

Name \_\_\_\_\_

Email \_\_\_\_\_

### Common Information

Address \_\_\_\_\_

Tel. No. \_\_\_\_\_

Number of attendees \_\_\_\_\_

Total Cost \_\_\_\_\_

Organizational Affiliation (if any) \_\_\_\_\_  
(e.g. VHPA, HSS, MMNA, MBCC, other)

Free Breakfast and Snacks. Lunch available at  
nominal cost. Please bring some money.

**Make checks payable to VHPA and mail to:**

*VHP of America*

*7 Gannon Terrace*

*Framingham, MA 01702*

**To register through the web visit**

<http://vhp-america.org/ma/yc>