



HINDU AMERICAN VANAPRASTHI NETWORK (HAVAN) CONFERENCE

Harnessing Collective Experiences of Hindu American Vanaprasthis

Sat, June 4th, 2016 from 8:00- 4:30PM

Hindu Temple Society 4200 Airport Road, Allentown, PA 18106

PROGRAM DETAILS

Session	Time	Topic	Moderators & Speakers
Registration	8.00AM	Registration	
Session 1	9.00AM	Conference Inauguration	Moderator –
		Set the stage and the tone: Objective and Vision.	
	5	Ekatmata Mantra	All
	7	Invocation	
	5	Welcome	
	15	Key note - Inaugural Talk	Krish Kapoor
	10	Overview of HAVAN Expectations	Kumar Dave
	15	Key note - Inaugural Talk	Shree Patel
Session 2	10.00-11.00	Networking of Vanaprasthis: Creating a Social Capital	Moderator –
	10	What is Networking & Why Networking	
	10	Seva opportunity for professional Vanaprasthis	
	10	How we can start networking: Breaking the ice	
	10	Local chapter's role and extending to national level	
	2	Speaker from public (extempore)	
	15	Discussion, Q and A and how to extend the topic (Moderated)	
Session 3	11:00-12:00	Vanaprasthi's current challenges and resolutions	Moderator–
	10	Physical, mental, and holistic health	
	10	Social Security and Health Care System	
	10	Estate planning and other legal precaution	
	10	Collective effort and supporting each other	
	2	Speaker from public (extempore)	
	15	Discussion, Q and A and how to extend the topic (Moderated)	
Break	12 Noon	Lunch	
Session 4	1:30-2:30	Vanaprasthis & Youth: Bridging the Gap	Moderator –
	10	Bridging the gap between the Youth and Vanaprasthis	
	10	What can be done by the Youth and Vanaprasthis collectively	
	10	Creating resources for the Youth and future generation	
	10	Learning from the Youth: Challenges they face in every day society	
	2	Speaker from public (extempore)	
	15	Discussion, Q and A and how to extend the topic (Moderated)	
Break	2:30-3:00	Tea/Coffee	
Session 5	3:00-4:00	Engaging Vanaprasthi Women	
	10	Physical and mental health: empty nest,	
	10	Mother is the 1 st teacher and how they can help society	
	10	Disintegration of Hindu family and how women can help here	
	10	Local chapter's role & extending to national level: women to lead	
	2	Speaker from public (extempore)	
	15	Discussion, Q and A and how to extend the topic (Moderated)	
Session 6	4:00-4:30	Next Step, Closing	Moderator–
	15	HAVAN'S Next Steps	
	5	Vote of Thanks, Next program and Dinner	